

## **NOIDA COLLEGE OF PHYSICAL EDUCATION**

(Approved by NCTE & Recognized by UGC under Section 2 (f) & 12 (B),  
Affiliated to Ch. Charan Singh University, Meerut, U.P.)

### **TWO DAY INTERNATIONAL WEBINAR**

on

## **“YOGIC EXERCISES AS A PREVENTIVE MEASURE TO IMPROVE THE IMMUNE SYSTEM TO OVERCOME COVID-19”**

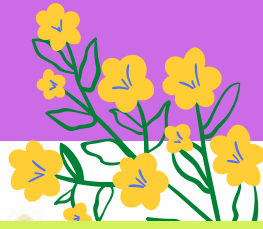
**SUB-TOPICS:- YOGA, EXERCISE PHYSIOLOGY,  
SPORTS PSYCHOLOGY**

**Wednesday, 29th & Thursday, 30th  
July' 2020**

**Time: From 11 Am - 1 PM**



# SPEAKERS



**Dr. Santosh Kumar**

Head of Physical Education & Yoga at Mahatma Gandhi  
Kashi Vidyapith, Varanasi.

**Dr. Rajesh Pratap Singh**

Head of Physical Education Department at Chhatrapati  
Shahu Ji Maharaj University, Kanpur.



**Dr. Santosh Kumar Bajpai**

Associate Professor at Atal Bihari Vajpayee  
Vishwavidyalaya, Bilaspur.

**Dr. Prashant Rai**

Assistant Professor at Veer Bahadur Singh Purvanchal  
University, Jaunpur.

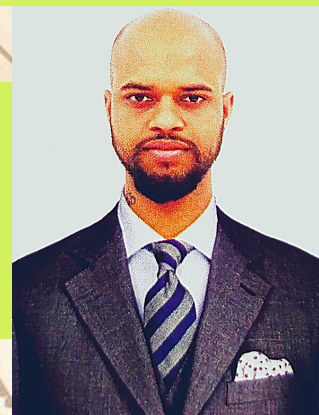


**Mr. Sukhdev Singh**

World famous human body performance enhancing guru,  
(CEO & Co-Founder of Happiness Kingdom studio in  
Singapore.

**Mr. Santosh Gupta**

Yogacharya, Times Pool Fitness Center Hanoi, Vietnam.



# ORGANISING COMMITTEE



**Dr. ASHUTOSH RAI**  
**CONVENER**



**Dr. PRAVEEN KUMAR**  
**COORDINATOR**



**Dr. VISHAL SINGH**  
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**ZOOM MEETING**

**DAY 1**

**DAY 2**

**FEEDBACK**

**YOUTUBE**

**DAY 1**

**DAY 2**

## **Note**

- Registration is free.
- Zoom meeting ID and Password will be sent through Email or WhatsApp, after registration.
- It is compulsory to give feedback regarding the Webinar.
- E-Certificates will be sent after 8-10 Days.
- Click on the above bullets to join the meeting or give feedback..



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